

# Lil Nas X took psychedelic mushrooms for album inspiration

By Ian Mohr

November 1, 2021 | 5:47pm



Lil Nas X tells WSJ Magazine that he tried magic mushrooms for the first time while recording his new album, "Montero."  
Columbia Records; Shutterstock

Lil Nas X tried psychedelic mushrooms to create his latest album, "Montero."

The pop star worked on his new release with producers David Biral and Denzel Baptiste (who also call themselves "Take A Daytrip") at various Airbnb rentals around California, he [reveals in WSJ Magazine's new Innovators issue](#).

Apparently part of the process was just talking to the producers and reflecting on life — rather than working on any music.

The mag reports that Lil Nas X, "says a pivotal moment in the process was trying psychedelic mushrooms for the first time." And, "Baptiste and Biral sat by Nas' side sober and talked to him throughout the day, occasionally taking dips in the pool and hot tub but not working on any music, just reflecting on life."

The psychedelics "allowed [Lil Nas X] to push past lots of lingering feelings of self-consciousness."



Lil Nas X said the mushrooms helped him reflect on his life.  
WSJ. Magazine

“I was able to open up a lot,” Nas told writer Myles Tanzer. “I was able to write actual stories about my life and put it into my music. I actually did that for the first time.”

There has been a celebrity magic mushroom boom, Page Six has previously reported.

Late reggae icon Bob Marley’s family is [launching a line](#) of mushroom products this year, in partnership with Silo Wellness. Mike Tyson also [recently said that after taking psilocybin](#), “my whole life changed.”

The move follows a cannabis craze that has seen celebs such as Snoop Dogg, Jay-Z, Willie Nelson and Seth Rogen launching their own brands.

Lil Nas X is [expected at the 11th annual WSJ Magazine Innovator Awards](#) on Monday at MoMA, along with fellow honorees including Kim Kardashian, Ryan Reynolds, Lewis Hamilton and others.

FILED UNDER [ALBUMS](#), [DRUGS](#), [LIL NAS X](#), [MUSIC](#), [11/1/21](#)

**SPONSORED STORIES**



**'Fifty Shades of Grey' Director Sam Taylor-Johnson Lists Los Angeles Villa for \$7.459 Million**

Sponsored: Mansion Global

**graphics cards rx580 8gb**

Get latest price now  
Sponsored: Alibaba



**Este método japonés absorbe todas las toxinas del cuerpo**

Sponsored: tech4-you.com



Page Six

**Jessica Simpson marks 4 years of sobriety with 'unrecognizable' photo**



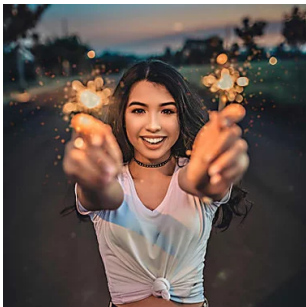
Page Six

**Hailey Baldwin: I'm sticking by Justin Bieber no matter the outcome**



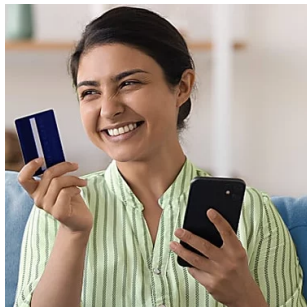
Page Six

**Alec Baldwin smiles in family Halloween pics in aftermath of tragic 'Rust' shooting**



**Learn the Spanish "Secret" for Understanding Fast-talking Native Speakers**

Sponsored: onemonthspanish.com



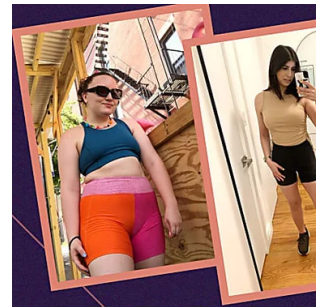
**Evita pedir más préstamos. Recibe asesoría de expertos en liquidación.**

Sponsored: Resuelve tu Deuda



**Tooth scaling at home is now possible**

Sponsored: Dental Clean



**Here's How These Viral Shorts Look (and Feel) on 11 Different Bodies**

Sponsored: Outdoor Voices



Page Six



Page Six



Page Six



Page Six

**Kristen Stewart is engaged to Dylan Meyer after 2 years of dating**



Page Six

**Jennifer Garner joins Ben Affleck, Jennifer Lopez for trick-or-treating**



Page Six

**'Sister Wives' stars Kody and Christine Brown break up after 25 years**



Get the latest news from Page Six

Click "I'm in" then "Allow" for notifications

No Thanks

I'm in